

Rejoicing Amid Suffering: Evening Prayer in the Style of Taizé

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Song of Meditation | Be Still and Know That I Am God

Be still and know that I am God;

Be still and know that I am God.

The image shows two staves of musical notation in G major (one sharp) and 4/4 time. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The melody consists of quarter notes: G4, A4, B4, C5, B4, A4, G4. The lyrics 'Be still and know that I am God;' are written below the notes. The second staff continues the melody with quarter notes: G4, A4, B4, C5, B4, A4, G4, ending with a double bar line. The lyrics 'Be still and know that I am God.' are written below the notes.

Song of Meditation | The Lord is My Light

Theme I

1. The Lord is my light, my light and sal - va - tion: in
God I trust, in God I trust.

2. Last time

Theme II

1. The Lord is my light, my light and sal - va - tion: in
God I trust, in God I trust.

2. Last time

The image shows two musical themes. Theme I is in G major (one sharp) and 4/4 time. The first staff has a treble clef and a 4/4 time signature. The melody starts with a quarter note G4, followed by quarter notes A4, B4, C5, B4, A4, G4. The lyrics 'The Lord is my light, my light and sal - va - tion: in' are written below. The second staff continues with quarter notes G4, A4, B4, C5, B4, A4, G4. The lyrics 'God I trust, in God I trust.' are written below. A '2.' ending is indicated above the final note, and 'Last time' is written above the final measure with a fermata. Theme II is in G major (one sharp) and 4/4 time. The first staff has a treble clef and a 4/4 time signature. The melody starts with a quarter note G4, followed by quarter notes A4, B4, C5, B4, A4, G4. The lyrics 'The Lord is my light, my light and sal - va - tion: in' are written below. The second staff continues with quarter notes G4, A4, B4, C5, B4, A4, G4. The lyrics 'God I trust, in God I trust.' are written below. A '2.' ending is indicated above the final note, and 'Last time' is written above the final measure with a fermata.

Scripture | 1 Thes 5: 16-18, 23-24

Rejoice always. Pray without ceasing.
In all circumstances give thanks,
For this is the will of God for you in Christ Jesus.
May the God of peace make you perfectly holy
and may you entirely, spirit, soul, and body,
be preserved blameless for the coming of our Lord Jesus Christ.
The one who calls you is faithful, and he will also accomplish it.

Silence

It is not easy to rejoice during difficult times. Our reading suggests that unceasing prayer and gratitude are ways to help us remain hopeful in hard times.

Questions for Reflection:

*How is your prayer life? Are you remaining persistent in prayer during these difficult times?
What are you grateful for? Share those things with the Holy One.*



Meditation Song | Within Our Darkest Night

With - in our dark - est night, you kin - dle the
fire that nev - er dies a - way, nev - er dies a -
way. With - in our dark - est night, you kin - dle the
fire that nev - er dies a - way, nev - er dies a - way.

The musical score is written in 4/4 time with a key signature of one sharp (F#). It consists of a vocal line and two piano accompaniment lines (bass and treble clefs). The lyrics are: "With - in our dark - est night, you kin - dle the fire that nev - er dies a - way, nev - er dies a - way. With - in our dark - est night, you kin - dle the fire that nev - er dies a - way, nev - er dies a - way." The score includes various musical notations such as rests, beams, and repeat signs.

Intercessions

All/Todos
Te ro - ga - mos, ó - ye - nos. Lord, hear our prayer. —

The musical score for the intercessions is written in 4/4 time with a key signature of two sharps (F# and C#). It features a single melodic line on a treble clef staff. The lyrics are: "Te ro - ga - mos, ó - ye - nos. Lord, hear our prayer. —". The score includes a fermata over the final note.

Lord's Prayer

Meditation Song | Wait for the Lord

Wait for the Lord, whose day is near.

Wait for the Lord: be strong, take heart!

The image shows a musical score for a meditation song. It consists of two systems of music, each with a vocal line and a piano accompaniment line. The key signature is one sharp (F#) and the time signature is common time (C). The lyrics are: 'Wait for the Lord, whose day is near.' and 'Wait for the Lord: be strong, take heart!'.

Join us for our prayer next Sunday, December 20:

Imaginative Prayer
on the text of the Visitation found in Luke 1:39-45

**This 15-20 minute pre-recorded video will be posted by 9:00 p.m.
Eastern on December 20 at wisdomsdwelling.com.**

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Scripture: 1 Thes 5: 16-18 NABRE.



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